

**Are you now trying to maintain your current weight, that is to keep from gaining weight?\***

**Kentucky BRFSS 2001**

Geographic Groups	Total Respond.#	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	4579	1727	38.4	(36.4-40.5)	2852	61.6	(59.5-63.6)
ADDs							
Barren River	337	147	44.9	(38.9-51.2)	190	55.1	(48.8-61.1)
Big Sandy	263	105	40.6	(33.8-47.8)	158	59.4	(52.2-66.2)
Bluegrass	321	126	39.9	(33.6-46.7)	195	60.1	(53.3-66.4)
Buffalo Trace	260	87	41.6	(26.1-58.9)	173	58.4	(41.1-73.9)
Cumberland Valley	280	99	35.5	(29.4-42.1)	181	64.5	(57.9-70.6)
FIVCO	338	124	35.3	(29.7-41.3)	214	64.7	(58.7-70.3)
Gateway	372	140	38.3	(32.5-44.5)	232	61.7	(55.5-67.5)
Green River	256	93	37.7	(30.8-45.1)	163	62.3	(54.9-69.2)
Kentucky River	287	92	33.4	(27.2-40.3)	195	66.6	(59.7-72.8)
KIPDA	324	130	36.6	(30.9-42.7)	194	63.4	(57.3-69.1)
Lake Cumberland	311	104	32.8	(26.9-39.2)	207	67.2	(60.8-73.1)
Lincoln Trail	302	109	36.4	(30.4-42.8)	193	63.6	(57.2-69.6)
Northern Kentucky	319	129	40.6	(34.6-46.9)	190	59.4	(53.1-65.4)
Pennyrile	254	105	42.4	(35.7-49.4)	149	57.6	(50.6-64.3)
Purchase	355	137	38.1	(32.7-43.9)	218	61.9	(56.1-67.3)

\*This question is asked only if the respondent reported not trying to lose weight.

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic,  
%

= Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.